

Wall of Hope, Inspiration and Healing Gallery  
“Quiet Reflection”

February 14 – March 29, 2024

**Artist bios**

**Diane M. Aramony - Artist**



Diane is a self-taught painter and photographer. The visual effects of her work are suffused with brilliant, often startling hues, with strokes of colors that unfold slowly to reveal bits and pieces of what is recognizable but at the same time mysterious and spiritual. Like her painting, her photography is a celebration of life in all its complex beauty.

After her mother passed away in 2014, Diane began experimenting with mixed media painting, using dried flowers as her brushes. Her three-dimensional mixed media images are deeply personal. Through her use of paint with flowers and leaves, she creates a unique textured language, drawing inspiration from the colors and shapes of the flowers.

Diane’s work has also been shown in art shows at Worcester State University. She lives in New York City.

**Photographs:** “Pondering Gull” “The Path Within” “Quiet Joy”

**Patrice Donnell**



As an artist I work with sculpture, drawing, printmaking, ritual design, and three-dimensional installations. For me, creativity is like a dance between your imagination and the material you use. Your subject matter is the music you’re dancing to, and if you listen deep enough, you may also hear God telling you the next step. When that happens, your own work can surprise you and become more than you ever imagined.

In my drawing of Gethsemane, I kept Jesus’ face in shadow as he deals with the betrayal about happen to him and the weight of humanity on his shoulders.

(This artwork can be seen online only)

"The Patience of Friends" 12 x 15 Watercolor on Paper

"Her Inspiration" 18 x 18 Intaglio Print on Paper

"Eve in Meditation" 15 x 13 x 16 Plaster with Bronze Patina

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**Carole Gregory – Poet**



Carole E. Gregory earned a B.A. in English from Youngstown University in 1968 and a M.A.E.T.S. (Masters in Education and Theological Studies from Union Theological Seminary and Teachers College, Columbia University in 1976). Her poetry appears in the anthology *The Poetry of Black America*. This writer is a wordsmith in New York City.

**Poem:** “Matthew Four One Scripture”

**Marie Malluk - Photographer**



Somewhere along my way of growing up, I was gifted a Brownie camera. I have no idea who gave it to me, but it sparked my joy of taking pictures. My first outing with camera in hand was the 1964 World's Fair. Ever since then, a camera has been my traveling companion.

My photographic output as a youngster was minimal, as film, and developing it, was expensive. As I got older and began to travel, a camera was always with me. Rolls and rolls of film were my companions throughout my journeys. And then the

long wait...what

did I get, did it come out okay? Oh, the anticipation, and sometimes the great disappointment of not having what I thought I had!

Nowadays, I have put my camera aside for the ease of using my phone, but I must admit, I miss the feel of holding a camera, the bracing of it for my shot, and the sweet sound of the shutter release. But convenience and practicality work better for me these days, and have me at the ready to capture that shot. All you have to do is open your eyes, and there is always a photograph right in front of you, just waiting to be discovered. My love for the written word inspired me to graduate with a BA degree in English Literature. I enjoy writing, and rhyming text is how I express myself best, in poetry and songs.

**Photographs:** “Sunset at Hermosa Beach” “Morning at Malibu Lagoon”  
“A Quiet Walk”

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### **Rene Navarro – poet**



Rene J. Navarro is an acupuncturist, herbalist, martial artist, teacher, healer, and alchemist. His poetry and essays have been published in the US, Europe and Asia. He has taught Taoist Yang-Sheng/Nourishing Life regimen in four continents. He was a disciple of Grandmasters Lao Kim and Johnny Chiuten in Shaolin/Buddhist Kung-Fu. He is a senior student of Grandmaster Gin Soon Chu and a 6<sup>th</sup> generation practitioner of Classical Yang Family Tai chi chuan with intensive training in the 108 movement solo fist form, Dao/Broadsword (2 sets), Jian/Straight sword (2 sets), Staff-Spear, Sansou (2-person sparring set), Push Hands and the Tai chi chuan Chang Chuan (the old form of Tai chi chuan). He is a senior instructor of the Universal Healing Tao under Grandmaster Mantak Chia certified to teach Microcosmic Orbit, Tai chi chi kung, Healing Love (Taoist sexology), Chi Nei Tsang internal organs massage, Fusion of the 5 Elements and Kan and Li (neidan/internal alchemy). His teachers include Jeffrey Yuen (Chinese medicine and classics), David Verdesi (Thunder Path), Kiiko Matsumoto (Japanese acupuncture), Yao Zhang (Chinese herbs), Johnny F. Chiuten, Guiling Tinga and Amante “Mat” Marinas (arnis de mano) and Vincent F. Chu and Chan Bun Te (Yang Family Tai chi chuan). He holds a Bachelor of Arts (MLQ University), a Law degree (University of the Philippines), a diploma in acupuncture and a certificate in Chinese herbalism (New England School of Acupuncture).

He lives in the foothills of the Appalachian Mountains, Pennsylvania, USA.  
For more information, please go to his website: [www.renenavarro.org](http://www.renenavarro.org)

**Photographs online:** “Myanmar Temple in Rock” “Myanmar Shwedagon Pagoda”  
“Myanmat Mingun White Temple” “Angkor Wat Temple with Yellow Umbrella”

### **VICTORIA PEPE PEPE LUMINSONICS**



I am a lifelong multimedia artist living and creating in NYC; a composer, fine and digital artist, photographer and video artist. For this Lenten Arts Ministry Show "Quiet Reflection," I am presenting *Secrets of the Purple Rose... Reflections*, featuring a segment of my Neoclassical New Age music *Secrets of the Purple Rose* with my animated art video. It is healing, inspirational, uplifting, calming, transformational and encourages us to go within and reflect. This is especially important during this time of year for Lent. “Secrets” or that which might be hidden...are revealed as we reflect and go deep within and listen. The symbolism and imagery in this music/art video is vast. The Purple Rose, in addition to the romantic,

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symbolizes the dimensions of spirituality and the mystical. The purple rose is also a symbol of luxury, royalty, protection and healing.

The color purple is the color for Lent and connects to the rich symbolism of faith during this time. The music expresses all of this symbolism in melody and harmony and tempo. As you look at the video and listen to the music, many ideas, and concepts, images and ideas may arise specifically for you. What do you see and what do you hear. This is 3.5 minutes for meditation and reflection.

I created the music/art video as a gentle visual to accompany the music. I used my art of the original music cover of *Secrets of the Purple Rose* and animated it.

More of my music can be found on the streaming venues such as Spotify, Pandora, Amazon; or email me for information and links etc.: NewStar1234(@).gmail.com. I am also known as Pepe LuminSonics (Lumin is Light and Sonics is Sound). To experience more of my music and art and for more information visit my website:

<https://luminsonics.com/>

### **Susan Ceely Philips – photographer, poet**



Susan Barbre Ceely Philips

Susan - my given name from my mom and dad

Barbre - my mom's family name

Ceely - my dad's family name

Philips - my chosen family name

All together, it's the name for me.

I have been a waitress, a secretary, a receptionist, a television advertising producer/production coordinator, a speech therapist and teacher, a church member, a volunteer, and a seeker - not necessarily in that order.

Now, I 'seek' to find and to share some of what has brought me to this point in my life. I offer a few of my thoughts, feelings, and observations through poetry in my photography and my writings. Thank you for pausing to 'listen'.

**Photographs:** I wonder..." "Love Period" "Reaching Toward Resurrection"

**Poems:** "Ash Wednesday and so forth"

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**Joan Silinsh - Photographer**



Joan did not actively pursue photography until her retirement. By contrast, in her childhood in Mexico, her father, an educator, was an independent film producer documenting the country’s culture and screening his films in the United States for ten years.

In her 35-year career with McGraw-Hill (now S&P Global), Joan held various management positions. Her last post was as Director of Advertising and Promotion for two magazines in the construction field - ENR (Engineering News-Record) and Design-Build.

As an avid traveler, photography has enabled Joan to capture memories of the countries she has visited. Besides travel photos, she uses her camera to showcase the variety and beauty of flowers.

Joan studied photography in courses offered by Greenwich House and the Senior Center at St. Peter’s Church. She has exhibited her photographs at several Greenwich House art competitions, Su Casa Creative Center and Marble Collegiate. For a number of years she volunteered at Greenwich House’s Center on the Square taking photos of events and outings. Joan has produced numerous photo books documenting her travels, and she also uses her photos to design her own greeting cards.

Joan recently relocated to Sarasota, Florida, and is setting her sights on new photo opportunities. She recently exhibited her photographs at Bay Village’s Inspirational Art gallery.

**Photographs (online only):** “Lilies – New Beginnings”

“Water Journeys on the Hudson”

“Faith - Church of The Redeemer”

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**Margery Westin – Photographer**



As a teenager it was fun to experiment with an old camera of my Dad's, creating double-exposure photos. Serving as the candid photographer for the yearbook in high school was also enjoyable.

Photography remained just a hobby until the age of thirty-seven, when I found out I had a 25% chance of losing my remaining 50% of hearing due to Meniere's syndrome. With that scary possibility, I became intent on building my photography skills. During work vacations, I would take week-long classes with established professional photographers all over the country, creating images of pets, people or locations and studying composition, lighting, posing and marketing.

When my full-time merchandising position was moved to South Carolina in the late 1990's, an SBA sponsored class on starting a small business was helpful. I joined the PPA (Professional Photographers of America) and attended monthly meetings of the WPPA (Westchester PPA). Marketing myself for 5 years as a portrait photographer, I specialized in Pets, Children and Families.

Now retired, my iPhone is my camera of choice, and my subject is whatever captures my eye. However, four-legged subjects will always be my favorite. [mwestinpix@aol.com](mailto:mwestinpix@aol.com)

**Photographs:** “Labyrinth... A Walking Meditation” “Purple Harbinger”  
“The Cloisters - Quietude” “Victory Palm”

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